

## Weekly Free Food Assistance in South Lake Tahoe

### Updated on 6/14/25

Day	Organization/Time	Specifics
<b>Monday</b> 4:00- 5:30 p.m.	<b>Bread &amp; Broth- Monday Meals</b> St. Theresa Catholic Church Grace Hall dining area 1041 Lyons Ave., SLT, CA 96150	A full-course, nutritious hot meal with second servings, "to go" and "giveaway" bags containing canned goods, dairy products, fruits, vegetables, breads, and more.
<b>Monday</b> 11:00- 12:30 p.m	<b>Hope Full Lunch</b> Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
<b>Monday</b> 10:00 a.m.- 4:30 p.m.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Varies based on donations, possibly bread, produce, dairy products, meat- supplies may run out early.
<b>Tuesday</b> 10:00 a.m.- 4:30 p.m.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Bread, products - supplies vary and may run out early.
<b>Tuesday</b> 11:00 a.m.- 2:00 p.m.	<b>Christmas Cheer All Year</b> 1120 Third Street, SLT, CA 96150	Food bags handed out at the door Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
<b>Wednesday</b> 11:00 a.m.- 2:00 p.m.	<b>Christmas Cheer All Year</b> 1120 Third Street, SLT, CA 96150	Food bags handed out at the door; Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
<b>Wednesday</b> 10:30 a.m. - Noon	<b>Phoenix Pantry</b> Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT 96150	Client choice pantry In the basement behind the church
<b>Wednesday</b> 11:00- 12:30 p.m.	<b>Hope Full Lunch</b> Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
<b>Thursday</b> 10:00 a.m. -4:30 p.m.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Bread products - supplies vary and may run out early.
<b>Thursday</b> 11:00 a.m.- 2:00 p.m.	<b>Christmas Cheer All Year</b> 1120 Third Street, SLT, CA 96150	Food bags handed out at the door; Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
<b>Friday</b> 10:00 a.m. - 4:30 P.M.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Varies based on donations, possibly bread, produce, dairy products, meat - supplies may run out early.
<b>Friday</b> 11:00 a.m.- 12:30 p.m.	<b>Hope Full Lunch</b> Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT

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<b>Friday</b> 4:00- 5:00 p.m.	<b>Bread &amp; Broth's Second Serving</b> Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT, CA 96150	Meals consisting of a soup and a simple entree (lasagne, chili dogs, pasta dishes, salads) Guests will also be provided with "giveaway" bags with canned good, breads, pastries based on availability of food items.
<b>Friday</b> 3:00- 4:30 p.m.	<b>St. Theresa Catholic Church- Food pantry</b> St. Theresa Catholic Church, Grace Hall 1041 Lyons Ave. SLT, CA 96150	Non-perishable foods, canned food items, Dog and cat food **Come to the side window of Grace Hall
<b>Saturday</b> 9:00 a.m. - 11:00 a.m.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Varies based on donations, possibly bread, produce, dairy products, meat- supplies may run out early.
<b>Thursday, July 10</b> 10:00- 11:00 a.m. Other dates to be determined	<b>St. Theresa's Church parking lot</b> 1401 Lyons Ave., SLT, CA 96150 10:00 - 11:00 a.m.	Free Farmer's Market  Fresh, seasonal produce and non-perishable food
<b>4th Monday of the month</b> 11:00 a.m.- 1:00 p.m.	<b>Northern NV Food Bank</b> American Legion parking lot 2748 Lake Tahoe Blvd., SLT, CA 96150	Fresh produce distribution Please bring your own bag
<b>2nd Saturday of the month</b> 9:00 a.m. - 10:15 a.m.	<b>Our Lady of Tahoe Church/ Outreach Program</b> 1 Elks Point Road, Zephyr Cove, NV 89448 Office: 775-588-2080	Food box given out depending on the size of the family.  Non-perishables, fresh produce, eggs, meat

	<b>Services Specifically for Children</b>	<b>Summer 2025</b>
<b>Monday-Friday</b> Free breakfast (8:00-9:00 a.m.) Free lunch (11:45 a.m. - 12:45 p.m.) Free snack (3:30 p.m.)  <b>JUNE 30th - AUGUST 15th</b>	<b>Boys &amp; Girls Club-Lake Tahoe</b> 530-542-0838 1100 Lyons Ave. South Lake Tahoe, CA 96150	All children age 18 and under are eligible, not just those enrolled at the Boys & Girls Club. Children can be accompanied by an adult or come by themselves. No ID or forms required.
<b>Wednesday</b> 10:00 a.m.-1:00 p.m.  <b>JUNE 25th- AUGUST 20th</b>	<b>Bread &amp; Broth 4 Kids-Summer Program</b> <b>Grace Hall, St. Theresa's Catholic Church</b> 1041 Lyons Avenue South Lake Tahoe, CA 96150	Anyone up to the age of 18 can come alone or with a parent or legal guardian to Grace Hall on Wednesdays during the school summer break and pick up a bag of free food. Food bags will contain a variety of kid-friendly food including but not limited to, fresh fruit, cereals, canned meat, single serving meals, healthy snacks and nutrition bars which will be given out at St. Theresa Grace Hall's foyer. Bring a backpack or re-usable tote bag to help carry the food bag home. *****Food will only be given to parents accompanied by their children.