

## Updated Food Assistance in South Lake Tahoe-Weekly

Updated on 09/05/2025

Day	Organization/Time	Specifics
<b>Monday</b> 4:00- 5:30 p.m.	<b>Bread &amp; Broth- Monday Meals</b> St. Theresa Catholic Church Grace Hall dining area 1041 Lyons Ave., SLT, CA 96150	A full-course, nutritious hot meal with second servings, “to go” and “giveaway” bags containing canned goods, dairy products, fruits, vegetables, breads, and more.
<b>Monday</b> 11:00- 12:30 p.m	<b>Hope Full Lunch</b> Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
<b>Monday</b> 9:00 a.m.- 4:30 p.m.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Varies based on donations, possibly bread, produce, dairy products, meat- supplies may run out early.
<b>Tuesday</b> 9:00 a.m.- 4:30 p.m.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Bread, products - supplies vary and may run out early.
<b>Tuesday</b> 11:30 a.m. - 1:30 p.m.	<b>Christmas Cheer All Year</b> 1120 Third Street, SLT, CA 96150	Food bags handed out at the door Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
<b>Wednesday</b>	<b>Christmas Cheer All Year</b> 1120 Third Street, SLT, CA 96150	Food delivered to disabled veterans at their residence. Please contact Amber at <a href="mailto:christmascheertahoe@gmail.com">christmascheertahoe@gmail.com</a> for more information.
<b>Wednesday</b> 10:30 a.m. - Noon	<b>Phoenix Pantry</b> Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT 96150	“Client Choice” pantry Pantry found in the basement behind the church
<b>Wednesday</b> 11:00- 12:30 p.m.	<b>Hope Full Lunch</b> Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
<b>Thursday</b> 9:00 a.m.-4:30 p.m.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Bread products - supplies vary and may run out early.
<b>Thursday</b> 11:30 a.m. - 1:30 p.m.	<b>Christmas Cheer All Year</b> 1120 Third Street, SLT, CA 96150	Food bags handed out at the door; Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
<b>Friday</b> 11:00 a.m. - 4:30 p.m.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Varies based on donations, possibly bread, produce, dairy products, meat - supplies may run out early.
<b>Friday</b> 11:00 a.m.- 12:30 p.m.	<b>Hope Full Lunch</b> Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT

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<b>Friday</b> 4:00- 5:00 p.m.	<b>Bread &amp; Broth's Second Serving</b> Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT, CA 96150	Meals consisting of a soup and an entree (lasagne, chili dogs, pasta dishes, salads) Guests will also be provided with "giveaway" bags with canned good, breads, pastries based on availability of food items.
<b>Friday</b> 3:00- 4:30 p.m.	<b>St. Theresa Catholic Church- Food pantry</b> St. Theresa Catholic Church, Grace Hall 1041 Lyons Ave. SLT, CA 96150	Non-perishable foods, canned food items, Dog and cat food **Come to the side window of Grace Hall
<b>Saturday</b> 9:00 a.m. - 11:00 a.m.	<b>Family Resource Center</b> 3501 B Spruce Ave SLT, CA 96150	Varies based on donations, possibly bread, produce, dairy products, meat- supplies may run out early.
<b>Thursday, September 11</b> <b>Thursday October 9</b> 10:00 a.m. - 11:00 a.m.	<b>St. Theresa's Church parking lot</b> 1401 Lyons Ave., SLT, CA 96150 <b>10:00 - 11:00 a.m.</b>	<b>Free Farmer's Market</b>  Fresh, seasonal produce and non-perishable food
<b>4th Monday of the month</b> 11:00 a.m. - 1:00 p.m.	<b>Northern NV Food Bank</b> American Legion parking lot 2748 Lake Tahoe Blvd., SLT, CA 96150	Fresh produce distribution Please bring your own bag
<b>2nd Saturday of the month</b> 9:00 a.m. - 10:15 a.m.	<b>Our Lady of Tahoe Church/ Outreach Program</b> 1 Elks Point Road, Zephyr Cove, NV 89448 Office: 775-588-2080	Food box given out depending on the size of the family.  Non-perishables, fresh produce, eggs, meat
<b>Services Specifically for Children</b>		<b>School Year 2025-2026</b>
<b>Monday-Friday</b>  <b>After-school "cold supper" at approximately 3:00 p.m. at the following locations:</b> <b>Angel of Tahoe building, Tahoe Valley Elementary School, Bijou Community School and Meyers Elementary School</b>  <b>During school breaks, breakfast, lunch and a snack are offered.</b>	<b>Boys &amp; Girls Club-Lake Tahoe</b> 530-542-0838 1100 Lyons Ave. South Lake Tahoe, CA 96150	All children age 18 and under are eligible, not just those enrolled at the Boys & Girls Club. Children can be accompanied by an adult or come by themselves. No ID or forms required.
<b>Friday</b>	<b>Bread &amp; Broth 4 Kids-Weekend Food Bag Program</b> Weekend food bag distribution at all Lake Tahoe Unified pre-K through grade 12 schools: Bijou, Sierra House, Tahoe Valley, Meyers, South Tahoe Middle School, and a limited number at South Tahoe High School and Mt.Tallac High School.  Additional limited number of bags distributed to pre-school children at Head Start, LTCC Child Development Center, Catalyst Community, Family Resource Center, and Step by Step, Appleseeds Academy, and Catalyst Kids.	Distribution of weekend food bags containing 7 single serving, kid-friendly, nutritious meals (3 dinners, 2 breakfasts, 2 lunches) as well as fresh fruits and nutritious snacks.